

## Adult Day Care Medical Examination Report

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_

Date last examined by a doctor: \_\_\_\_\_

The above named individual has applied for enrollment at Blessed Assurance Adult Day and Health Care Center. Your careful examination and written recommendations on this form will help to ensure that the applicant is provided appropriate care and services, will encourage safe participation in Adult Day Care Activities and will provide a current medical history in case of an emergency.

Information reported on this form is considered confidential and will be released only with the applicant's written authorization.

### **1. Applicants History and Physical:**

Current Diseases/ Chronic Conditions	Yes	Special Attention	Restrictions
Anemia	_____	_____	_____
Arthritis	_____	_____	_____
Asthma	_____	_____	_____
Blindness	_____	_____	_____
Cerebral Palsy	_____	_____	_____
Diabetes	_____	_____	_____
Dementia/Alzheimer's/Parkinson's	_____	_____	_____
Effects of Stroke/Paralysis	_____	_____	_____
Emphysema/Chronic Bronchitis	_____	_____	_____
Epilepsy	_____	_____	_____
Fainting Spells	_____	_____	_____
Gastro-intestinal Problems	_____	_____	_____
Heart Trouble	_____	_____	_____
Hearing Problems	_____	_____	_____
High Blood Pressure	_____	_____	_____
Kidney Disease	_____	_____	_____
Mental Retardation	_____	_____	_____
Skin Disorder	_____	_____	_____
Tuberculosis	_____	_____	_____
Ulcers	_____	_____	_____
Urinary Tract Problems	_____	_____	_____

Vitals: Temp: \_\_\_\_\_ Pulse: \_\_\_\_\_ Resp: \_\_\_\_\_ BP: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Any other disease(s) or condition(s) not mentioned above?

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Any allergies or drug and food interaction problems? \_\_\_\_\_

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Currently receiving any medical treatment(s)? No \_\_\_\_\_ Yes \_\_\_\_\_

If Yes, please explain: \_\_\_\_\_

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**2. Professional Opinions and Recommendations:**

Does this person have any psychiatric problems? No \_\_\_\_\_ Yes \_\_\_\_\_

If Yes, please comment on the nature, severity and treatment needs: \_\_\_\_\_

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Does this person require constant supervision to ensure he/she does not harm themselves, others or property? No \_\_\_\_\_ Yes \_\_\_\_\_

Will this person wander off if not closely monitored? No \_\_\_\_\_ Yes \_\_\_\_\_

Do you recommend any restrictions for medical reasons, on physical activities such as walking, exercises, etc.? No \_\_\_\_\_ Yes \_\_\_\_\_

If Yes, please explain: \_\_\_\_\_

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Describe any Physical, Occupational, Speech or any other Therapy needed: \_\_\_\_\_

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**\*\*Please list all medications currently taken, prescribed routes, dosages, frequency and amount:**

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**\*\*May the nurse at this center administer these medication(s) to the patient? No \_\_\_\_\_ Yes \_\_\_\_\_**

Please list any special diet and dietary supplements: \_\_\_\_\_

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Is this individual free of communicable diseases? No \_\_\_\_\_ Yes \_\_\_\_\_

If No, please specify: \_\_\_\_\_

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**3. Immunizations:**

Date/Results: PPD \_\_\_\_\_ 2<sup>nd</sup> PPD \_\_\_\_\_ Chest X-Ray \_\_\_\_\_ Tetanus \_\_\_\_\_

Any others \_\_\_\_\_ History of Hepatitis A, B, C, D \_\_\_\_\_ MRSA \_\_\_\_\_

**\*\*May the Nurse at this center administer the PPD skin test to the patient?** No \_\_\_\_\_ Yes \_\_\_\_\_

I certify that I have reviewed the health history and examined this person and find him/her free of communicable diseases and able to participate in this Adult Day and Health Care Program.

**\*\*This Information is required due to regulation changes\*\***

Sign and Print: \_\_\_\_\_ Date: \_\_\_\_\_

(Licensed Physician or PA)

Address: \_\_\_\_\_ City: \_\_\_\_\_ Phone: \_\_\_\_\_